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WomanView

*The Newsletter
of the Section for
the Advancement
of Women, APA
Division 17
Fall 2003*

Editor: Dawn M. Szymanski



Notes From The Chair

Carolyn Zerbe Enns

SOME NOTES ON GOALS, PRIORITIES, AND BALANCE

I am guessing that at least some of you are like me in that you make numerous vows at the end of summer about your intent to maintain more balance in your life, to avoid getting bogged down by the constant work and other demands you face, and to stay in touch with the persons who are important to you (e.g., SAW colleagues). As usual, attending APA was a very busy time this year, but it also provided an opportunity to step back again and reflect on what is important as well as to reconnect with some of you. I actually managed to maintain more balance during APA than usual, in large part because I took my 21-year-old daughter with me to Toronto. She is training to run a marathon this October, and informed me that we would be running in the APA annual 5K run. I was exhausted as I began the run, but I'm glad I actually completed the route. First, the run occurred along the Lake Ontario beaches and got me away from convention pace for a few hours. Second, I felt a lot better both physically and emotionally by taking this "time off." In addition to our mutual experience of feeling energized by the end of the run, Jessica (my daughter) placed first in her age category (for women), and I placed third in my age category. So we now have matching mother-daughter plaques. (She now tells me, of course, that

she will need to go with me to Hawaii to defend her title.) Because of this extra commitment, I missed some sessions I really wanted to attend, but I think I will remember the 2003 APA convention for a lot longer than I remember most conferences! It also seemed to me that I was making a step in the right direction: getting some balance.

Unfortunately, my end-of-summer resolutions have once again fallen to the wayside, and I am behind again and doing practically nothing but work-related tasks. (I think many of you can relate to this.) I had great plans to keep up with some of you by e-mail or phone, but these are the very things that seemed to disappear from my priority list first. However, I am reminded today as I write these "notes," that I find even my brief contacts with members of SAW to be some of the most rewarding experiences of my year. As a result, I am especially pleased to hear about the possibility of a mid-year informal meeting at the AWP convention, which is scheduled for February 26-29 in Philadelphia. Kathy Bieschke has already begun to explore options for a SAW meeting, and we will keep you posted about developments. I think these types of opportunities for support and conversation are absolutely crucial to our well being. (Interesting enough, the theme of the conference is on women's well being, a very timely topic!)

Continued on next page

In addition to the importance of support and connection, our APA-Toronto conversations also contributed to my increasing recognition of the important role we (SAW) can play in helping each other develop as feminist psychologists. A topic of discussion at our SAW meeting in Toronto was the limited availability of feminist therapy training. Some of the suggestions that were identified at our meeting included: (a) scheduling more SAW-sponsored educational opportunities on feminist practice at APA conventions, and gaining continuing education credit approval for these sessions; (b) including sessions that focus on implementing the "Guidelines for Psychological Practice with Girls and Women;" and (c) planning symposia, roundtables, or conversation hours that focus on integrating feminism within existing counseling programs. Our APA discussion reinforced the importance of maintaining training in feminist practice as a key component of our mission within SAW.

Although attendance at APA was lower than it usually is, I was truly delighted to see such a good turn-out at our Sunday morning breakfast and general meeting. But perhaps even more exciting was seeing the mix of individuals who were present: many of our "foremothers" who have been very active in SAW and as leaders in Division 17, women at

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Awards & Appointments

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various phases of their careers as psychologists, and a wonderful group of students who are preparing to contribute to our field. Crucial to maintaining our status as a vibrant section is building on and expanding the mix of individuals who participate in our section. I hope each of us can reach out and bring new people in during this next year who will benefit by building a support network that reaches beyond local, and even national boundaries. We have much to gain from each other, and our ability to support and learn from each other across professional generations will provide the foundation we need to stay healthy as a section, as well as to plan for and carry out a SAW conference that is likely to focus, at least in part, on mentoring.

The final thread that I want to mention is the importance of building on our commitments to diversity and inclusiveness. I am especially thankful to Louise Douce for heightening our awareness of global issues and the importance of building connections with colleagues throughout the world. In keeping with her presidential initiative, our SAW conversation hour focused on making connections between local and global feminisms. The group of women who participated in this conversation walked away from our brief conversation with numerous ideas regarding how we might learn from feminists around the world as well as how we might begin contributing to greater local-global understandings through conference presentations and writing projects. Pam Remer's skills workshop also facilitated our thinking about how we can attend to multiple social identities as well as varying experiences of privilege and oppression as we participate in feminist practice. Our conversation at Pam's workshop was also enriched by the presence of persons with diverse backgrounds and life experiences. Each person brought an important perspective to the table, and each person's voice was crucial to deepening our conversation and engagement. I am hoping that SAW can provide a place where we explore more fully the borders and intersections where we meet each other. We can continue to learn a great deal by exploring our similarities, differences, varying needs and concerns. I welcome hearing new ideas you may have about extending these conversations.

To summarize, four priorities seem especially salient as we move forward within SAW: (a) creating and sustaining a place where we can give each other

support as well as feedback about staying balanced and healthy; (b) offering opportunities to develop our skills and expand our perspectives as feminist practitioners; (c) being responsive to the needs and priorities of members at different professional and life stages, as well as creating additional ways for learning from each other; and (d) extending our commitments to diversity and inclusiveness by exploring the intersections of the multiple identities, privileges, challenges, and barriers experienced by women within North America and throughout the world.

From the Editor...



I am very pleased to announce that the new WomanView newsletter editor is Kathy Gainor from Montclair State University. I am sure many of you know Kathy as she has been an active SAW member for several years. Kathy will be accepting submissions for the next edition of the newsletter (Submission deadline: January 15). Her e-mail address is: gainork@mail.montclair.edu.

On a personal note, I enjoyed seeing many of you at APA. As usual, SAW events were the highlight of my convention experience, and this edition of the newsletter recaps some of our best SAW convention moments. I hope you enjoy this edition of the newsletter, and I look forward to serving you in my new role as chair-elect.

Dawn M. Szymanski, Editor

PLANNING A CONFERENCE? Consider offering continuing education through the Society of Counseling Psychology.

Contact Tammi Vacha-Haase
for more information.

E-mail: tvh@lamar.colostate.edu

Phone: 970-491-5729

CELEBRATING THE ACCOMPLISHMENTS OF OUR SAW AWARD WINNERS

CAROLYN ZERBE ENNS

I am hoping that most of you are already aware of who received our SAW 2003 awards. To help us celebrate and appreciate their accomplishments, I have included some additional information about most of our award winners. Once again, CONGRATULATIONS!



You're the tops!

2003 Woman of the Year: Lauren Weitzman

The Woman of the Year Award was established to honor individuals who have made significant service contributions to the Section for the Advancement of Women. This year, our "Woman of the Year 2003" is Lauren Weitzman. Her citation notes: "The woman receiving the award this year has been an active contributor to the section for a number of years. During her term as Section chair, she led SAW through a very critical time in its development, being sensitive to the multicultural issues raised at that time." Lauren provided leadership as the chair of SAW as the section was preparing for and sponsoring the 1998 conference entitled, *Advancing Together: Centralizing Feminism and Multiculturalism in Counseling Psychology*. Following that conference, she also contributed to a variety of articles and presentations that focused on feminist multicultural supervision and practical implications of building truly inclusive connections among

multicultural and feminist perspectives. Preceding her term as chair, Lauren also served a two year term as SAW treasurer

Lauren works as a staff psychologist and provides supervision and training in feminist therapy at the University of Utah Counseling Center. At an earlier APA convention that met in Toronto (1996), Lauren and Sue Morrow co-presented a SAW skills workshop on empowerment feminist therapy. I still have my notes and handouts from that session! In addition to her commitments to feminist therapy, Lauren has also made important contributions to career psychology, especially as it relates to understanding multiple role issues faced by women and women's experience of sexual harassment. I look forward to hearing Lauren's "Woman of the Year" talk at the Hawaii convention.

2003 Student of the Year Award: Oksana Yakushko and Meghan Davidson

Our student of the year award was presented to Oksana Yakushko and Meghan Davidson. The citation named them as "two outstanding feminist students who together and individually have made outstanding contributions to the Section and have already established themselves in terms of leadership and service to women." More specifically, Oksana and Meghan have made special efforts to communicate with and bring students to our section and events. Both women also worked closely with the SAW Governing Board as we established our student research award. Last year (Chicago, 2002), Meghan and Oksana also worked with Sue Morrow to structure and lead a roundtable for students on the topic of mentoring. Together, Oksana and Meghan have provided a fabulous model of shared leadership.

In addition to their joint contributions, Meghan and Oksana have made unique contributions. For example, Meghan was especially active in developing a symposium (for this year's Toronto convention) entitled "Student Voices—Feminism in the Age of Multiculturalism." Meanwhile, Oksana has strong interest in international and global issues of women, and is initiating several projects that focus on learning

Continued on next page

from women from around the world.

I wish all of you had the opportunity to read the glowing letters of nomination that were sent to the selection committee. Oksana's nominator made special note of her commitment to social justice and activism, her skills as a counselor and teacher, her qualitative research interests and contributions, and her appreciation for balance. The letter of nomination also commented that in spite of all Oksana's professional interests, "Oksana manages to find time to run, flamenco dance, participate in community events, and celebrate life." Meanwhile Meghan's nominator made special note of her mentoring of other women students and girls, her service at both the national and local level, and her research contributions on topics such as sexual violence, eating disorders, and women's career development. Her nomination letter added that Meghan "exemplifies the spirit and intent of the SAW Student of the Year Award, and that she unequivocally merits the award."

2003 Foremother Award: Melba Vasquez

Our Foremother Award was developed to honor women who have been instrumental in the formation of the Committee on Women (now SAW) or who have been long-time contributors to the counseling psychology of women and have been extraordinarily supportive of SAW. This year's Foremother Award was presented to Melba Vasquez, "who has made long-time contributions to feminist counseling psychology and multiculturalism in addition to her outstanding support of the Section for the Advancement of Women."

It is hard to characterize Melba's service because it has encompassed so many areas of psychology. Melba is a fellow in 7 divisions within APA, a clear indication that she has contributed to multiple content areas and issues. Last year, when Melba received the 2002 APA Award for Distinguished Senior Career Contributions to the Public Interest, the citation emphasized her involvement in "promoting the increase of ethnic minority and gender representation in all aspects of psychology." Melba's long-term focus on both gender and

multicultural issues and her mentoring of many women, especially Latinas in psychology, represents the kind of leadership and mentoring that teaches all of us through example. Through her presidencies of both Division 35 (psychology of women) and Division 17 (counseling psychology), she has also brought our two closely-related divisions together. Her commitment was also important to the initiation of the first and subsequent multicultural summits. Thank-you Melba.

One of the pieces I recently enjoyed re-reading was Melba's APA Distinguished Award speech entitled: "Complexities of the Latina Experience: A tribute to Martha Bernal" (published in the November, 2002 *American Psychologist*). I was especially captivated by the personal nature of the talk and the way in which she wove together mentoring themes that started with her experience being mentored by Martha Bernal and extended to her current mentoring relationship with her niece. The piece was especially powerful as it proceeded to discuss the larger social issues facing Latinas and the importance of social justice and activism to the advancement of women. I hope that as Melba's responsibilities to other areas of APA decrease (maybe?), she will have time to share additional insights with SAW members, especially as we consider sponsoring a conference that emphasizes mentoring.

2003 Student Research Awards: Nicole Noffsinger-Frazier and Meghan Davidson

Our final awards are designated to support thesis or dissertation research. This year, each of the awardees, Nicole Noffsinger-Frazier and Meghan Davidson, received \$200. We look forward to hearing more about the findings of their research!

The views expressed in this publication do not necessarily represent the policies of the American Psychological Association, the Division of Counseling Psychology, or its Sections

2004 ASSOCIATION FOR WOMEN IN PSYCHOLOGY CONFERENCE

ANGELA R. GILLEM, RUTH L. HALL, AND
LOIS A BENISHEK, AWP CO-CHAIRS

It is with great pleasure that we invite you to Philadelphia for the 29th Annual AWP conference on February 26-29, 2004. This year's theme is: *Perspectives on Women's Well Being: Feminist Psychology, Science, & Practice*.

For those of you who are not familiar with AWP, it is an educational feminist organization devoted to reevaluating and reformulating the roles that psychology and the mental health field play in women's lives.

This year's conference will examine the intersections of mental, physical, economic, political, sexual, and spiritual health of women from feminist, psychological, and activist perspectives. In our exploration, we will devote time to health and wellness, girls and adolescence, sexuality and sexual orientation, neurology and physiology, and social class.

We're excited about the plenary speakers for our conference. They include: Lisa Bowleg, Anne Bodsky, Aida Hurtado, Sharon Lamb, Suzanna Rose, and Lois Weis.

You'll find an announcement of the call for proposals on the website: <http://www.webmavens.org/awp2004/location.htm>. The deadline for submitting proposals of interest to feminist practitioners and/or feminist researchers is just around the corner: postmarked by October 7. We think you'll be pleased to see how simple and straightforward our proposal application process is!

The registration materials will be posted on the website in the near future, and we invite you to visit it on an on-going basis to obtain the most recent conference information.

The conference will be held at the Wyndham Philadelphia at Franklin Plaza, which is located in downtown Philadelphia, a short distance from numerous historical, cultural and entertainment attractions. Museums, galleries, world-class

entertainment, and restaurants, including the exciting Reading Terminal Market, are nearby, as are historical landmarks such as the Liberty Bell Pavilion and Independence Hall. For those of you who are athletically inclined, the hotel is located only a short distance from a beautiful path along the Schuylkill River (that measures 8.4 miles in length) and the famous Philadelphia Museum of Art's steps for all you Rocky enthusiasts. Philadelphia is also proud of Fairmount Park, one of the largest urban parks in the world, – larger than New York City's Central Park! It offers horseback riding, jogging, hiking, biking, running, skating, walking, and America's oldest zoo. In addition, the mountains, beaches, and other regional attractions, including Atlantic City, are only a short drive or train ride away and offer additional recreational activities.

The Conference Planning Committee has been working hard for the past two years to develop a fun- and information-filled experience for everyone. We think you'll find our conference to be a place where you can feel at home and also grow as a culturally sensitive feminist as a result of partaking in the broad types of activities (e.g., symposia, poster sessions, pre-conference workshops, feminist films, etc.).

We hope that SAW members will take us up on our invitation and join us in Philadelphia in 2004!

MICHIGAN CONFERENCE ARTICLES UPDATE

RUTH FASSINGER

I am still working on the special issue(s) of the *Journal of Multicultural Counseling and Development*, which includes the articles written from the Michigan Conference. The last word had been that the two special issues would be out in July and November of this year (2003). However, this clearly has not occurred, and more recent communications have suggested that publication will be delayed until January, 2004 but will be in one large special issue instead of two. Although it is certain that publication will occur eventually (articles have been officially

Continued on next page

accepted), it is unclear how and when this will be resolved. Authors are encouraged to contact *JMCD*

directly with further questions: jmcd1@nd.edu

Member News and Publications

Julie R. Ancis. (in press). (Ed.). *Culturally responsive interventions: Innovative approaches to working with diverse populations*. New York: Brunner-Routledge.

This book describes interventions developed from a cultural frame of reference with attention to the intersections of client's race, ethnicity, gender, class, acculturation level, spirituality, and presenting problem. The chapters outline interventions applied to populations living in the United States as well as internationally. Detailed case studies are included in each chapter. The book is scheduled to be published in November/December 2003.

Bianca Bemstein is now the Director of the Division of Graduate Education at NSF (on a two-year IPA from Arizona State University where she was Dean of the Graduate College for 8 years). DGE is the division that administers the Graduate Research Fellowship program, and the IGERT and GK12 programs.

Mary Heppner (along with Puncy Heppner) have just had a new book released from Brooks Cole entitled *Writing and Publishing Your Theses, Dissertations, and Research: A Guide for Students in the Helping Professions*. Having taught Scientific Writing courses for years, and not finding texts that seemed in-depth enough to be helpful, the Heppner's (along with

several of their advanced doctoral students) began writing the book three years ago. The book provides very specific and concrete examples of aspects of the research and writing process and also focuses on affective issues that may be barriers to the writing process. It may be of help to some of you or to your students.

Karen O'Brien was the recipient of the Division 17 Early Scientist Practitioner Award for her outstanding contribution to both science and practice. Her letter writers indicate among other things, "She has integrated highly rigorous science and a commitment to practice and social advocacy in her professional roles in a way few match." Congratulations to Karen on this highly deserved honor.

Dawn M. Szymanski (2003). The Feminist Supervision Scale (FSS): A rational/theoretical approach. *Psychology of Women Quarterly*, 27, 221-232.

Dawn M. Szymanski, & Chung, Y. B. (2003). Feminist attitudes and coping resources as correlates of lesbian internalized heterosexism. *Feminism & Psychology*, 13, 369-389.

Students Speak

STILL WAITING FOR THE OTHER SHOE TO DROP

CHARLOTTE MCCLOSKEY
University of Missouri, Columbia

Three years in to the process and I am still waiting for the other shoe to drop. As a Native American

bicultural woman from a lower socioeconomic background, I often find myself questioning how I even got into a graduate program. I know that I can look back to my history of over-achievement and a bevy of research experience, but I do not often see faces or backgrounds of my own in this terrain. This year at the American Psychological Association's

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national conference, this reality was again painfully apparent. I recall getting the 2-inch thick volume of accomplishments of mental health, and scanning the pages for developments in the area of Native Americans. The results were less than promising. I am grateful that there were indeed some posters and a few symposia that gave this nation's first peoples some airtime, but overall the pickings were slim. I am by no means criticizing; rather I am wondering what keeps our vast resources from accessing the lives of Native people? How has society shaped us as an organization and how do we in turn shape society? What messages are we sending to people when we do not reflect our nation's rich diversity? Again, I am not passing judgment, but rather hypothesizing what the future has in store for us, and what my responsibility will be. I know I have the responsibility and honor to make my work as political and focused toward social justice as my heart allows. However, as I think about what my place will be in this organization and field, I wonder what my ancestors and the generations to come will see my work and APA as; a proponent for change or just another place that has no place for Native People?

SAW ListServe: 17WOMEN

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To send a message:

Send your e-mail message to 17WOMEN@gse.utah.edu and it will automatically be sent to everyone on the listserve.

Remember to keep us posted about your e-mail changes!

Note: This is not a high volume list

When those who have the power to name and to socially construct reality choose not to see or hear you, whether dark-skinned, old, disabled, female, or speak with a different accent or dialect than theirs; when someone with the authority of a teacher, say, describes the world and you are not in it, there is a moment of psychic disequilibrium, as if you looked into a mirror and saw nothing. --Adrienne Rich

WomanView Newsletter

WomanView is published three times a year, in the Fall, Spring, and Summer. All SAW members are encouraged to submit current professional and personal news (e.g., publications, awards, births, anniversaries), announcements of interest to SAW members, short articles, book reviews relevant to feminist counseling psychology, photos of SAW events, and/or suggestions for upcoming issues of the newsletter. When submitting information about a publication or presentation, be sure to include all authors in the reference just as they appear in the journal or conference program (according to APA guidelines).

Information can be submitted to Kathy A. Gainor via e-mail at gainork@mail.montclair.edu or by postal mail at Department of Counseling, Human Development, and Educational Leader, Montclair State University, 1 Normal Avenue, Upper Montclair, NJ 07043.

Submission deadlines are January 15, May 15, and September 15.

RENEW YOUR SAW MEMBERSHIP!!!



See next page for your renewal application.

RENEW YOUR SAW MEMBERSHIP!



Now is the time to renew your SAW membership! Dues normally run from August to August so don't delay. We hope you will also consider making a donation for an extra year.

Just print out and complete the form below and mail with check to: Connie Matthews, Dept. of Counselor Education, Counseling Psychology, and Rehabilitation Services, 327 CEDAR Building, Penn State University, University Park, PA 16802.

Annual Dues (Based on income):

- \$15 Over \$30,000/year
- \$10 Under \$30,000/year
- \$5 Student Affiliate

Make check payable to: Division 17 Section for the Advancement of Women

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- Member _____
- Fellow _____
- Professional Affiliate _____
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DIVISION 17:

- Member _____
- Fellow _____
- Professional Affiliate _____
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CATEGORY FOR SAW:

- Member _____
- Fellow _____
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Membership Application

The Section for the Advancement of Women (SAW) is always seeking new members. Please pass along this membership form to a friend or colleague who may be interested in joining SAW.

There are three categories of membership:

Member: Any Associate, Member, or Fellow of Division 17 who has an interest in the goals of the section (see explanation below) may apply for SAW membership.

Professional Affiliate: Professional affiliates of Division 17, or Fellows or Members of APA who are not members of the Division but have an interest in the goals of SAW may apply for affiliate status.

Student Affiliate: Any student belonging to either Division 17 Student Affiliate Group or APAGS who has an interest in the goals of SAW may apply for student affiliate status.

The goals of SAW are to encourage, promote and facilitate contributions to the field of Counseling Psychology that pertain to women. This is accomplished by focusing on the following five areas:

1. Professional Support
2. Education and Training
3. Scientific Affairs
4. Professional Practice
5. Diversity and Public Interest

Annual Dues

Annual dues are based on income:

- \$15 Over \$30,000/year
- \$10 Under \$30,000/year
- \$5 Student Affiliate

Make check payable to: Division 17 Section for the Advancement of Women

Complete the form below and mail with check to: Connie Matthews, Dept. of Counselor Education, Counseling Psychology, and Rehabilitation Services, 327 CEDAR Building, Penn State University, University Park, PA 16802.

NAME _____

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Fellow _____	Fellow _____	Fellow _____
Professional Affiliate _____	Professional Affiliate _____	Professional Affiliate _____
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