

WomanView

The Newsletter for the Section for the Advancement of Women • Division 17 • APA • Fall 2000

News from the Chair

Energy! At the business meeting at this year's SAW Sunday morning events at APA in Washington, DC, attendees were asked to state what they wanted from the Section. Responses included, "This is my professional home!" "Healing for my soul." "I want to get involved." "I want to be around energizing women." "I am grateful for the Section." "I am a feminist psychologist and passionate about it!" "Reconnect with old friends." "The E-journal." "There's nowhere else I would be but here!" Present at this and other Section events were women who spanned the herstory of SAW, from foremothers to students. Our agendas reflected the many issues that are up for the Section, as I see them now: We are attempting to move forward with a social agenda advancing women while meeting our personal needs for home and healing. We are gazing inward at ourselves personally and as an organization while moving outward and forward to embrace change. Helen Farmer's Woman of the Year address reminded us of our roots as the Ad Hoc Committee on Women of Division 17 while suggesting startling ideas for the future—establishing a SAW journal and a SAW Award for Achievement in Science, among others. Kathy Gainor and Brenda Voisard led us in a skill-building workshop in which those of us present examined personal issues of privilege and oppression and set one goal for action and advocacy.

A central issue for the Section for the Advancement of Women at the beginning of the 21st Century is addressing issues of privilege and inclusion. This is not a new challenge for the Section or for feminist psychologists, but we are at an important time in our herstory where we can set a direction for inclusion and provide leadership for other groups and organiza-

A central issue for the Section for the Advancement of Women at the beginning of the 21st Century is addressing issues of privilege and inclusion

tions who look to us as a model. Over the course of history, movements for social justice have opened doors for not only the group calling for justice, but for other groups that followed. Women's suffrage and the abolition of slavery were intricately linked, and in the 1960s the civil rights movement paved the way for other movements for social justice, including feminism. Unfortunately, the worldview perpetuated by patriarchy would have us all believe that there are limited amounts of rights, jobs, etc.; and many of us, including feminists, have bought this myth. Joe Lieberman, in his speech at the Democratic presidential convention, echoed the sentiments of Jesse

Jackson and others when he commented that by opening the door for a Jewish man to become vice-president of the US, we have made the door that much easier for others to open.

It is in this spirit that I propose that the Section for the Advancement of Women consider an agenda for inclusion that is responsive to the requests made by women of color at the October 1998 SAW Advancing Together Conference to consider the

ways in which we as an organization are not fully inclusive. This is not an attempt to step back in time to the conference. On the contrary, I believe that the concerns raised at that conference are very contemporary and have implications not just for a conference in the past but for our future as a feminist multicultural organization. During the coming year, I hope to resume a dialogue that prioritizes race and racism, trusting that as we gain competence in this area we will be able to more adequately address other issues of inclusion that are up for us, including those related to disability, Jewishness, international status, age, class, sexual orientation, gender, hierarchies within

the Section and Division 17 (e.g., re: students, practitioners, counseling psychologists in alternative settings), and the host of other issues that can either separate us or contribute to the diversity, justice, and growth that we believe in as counseling psychologists.

We have many things on our plate, and fortunately, there is great energy on board. In addition to a packed house at many of our events, numerous students and new professionals approached me during the conference asking how they could get involved in the Section. Here is a brief outline of the many activities planned or in the works: (a) the E-Journal of Multicultural Issues in Counseling Psychology (see separate article by Kathy Bieschke, this issue); (b) active involvement in the March 2000 Counseling

Psychology Conference in Houston; (c) formulation of a Values Statement that will reflect our values as a Section and serve as the basis for our revised bylaws (see Values on page 5 in this issue, and please give us your feedback!); and (d) training and activism related to women's body image and eating issues. In addition, what do you think of a SAW journal? Would you like to be involved in the Student Network, Multicultural Voices Task Force, Visions and Strategic Planning Task Force, APA Programs, or other activities of the Section? Please let me or another Section officer know of your interest. We will be happy to have you involved.

**Sue Morrow, Chair
Section for the Advancement of Women**

Student Column

Greetings to all! Hope you're enjoying your return to school, in these last dwindling days of warmth and summer, as fall and winter will soon be here.

And greetings from Canada! Now that Freda Ginsberg is happily ensconced in Columbus, Ohio, where she is doing her internship, it became necessary that someone replace her as the student representative to the Board of the Section for the Advancement of Women. And I'm the lucky one--I'm a doctoral candidate in Counseling Psychology at McGill University in Montreal, Quebec, Canada, and I will be replacing Freda. I'd like to take this opportunity to thank Freda, along with the other students (and ex-students who have now graduated and have real jobs) for their work in the Section, and their efforts to involve and implicate students in this vibrant and feminist part of Division 17.

For your information, several student members of SAW were able to meet together at APA in Washington in August. These included Lisa Spanierman, Meghan Davidson, Freda Ginsberg and myself. In addition, Holly Savoy, Dawn Szymanski, Sujatha Ramesh, Sarah Howe, and Julie Gersch have all expressed interest in being involved in the Students' Steering Committee within the Section. Updating our student listserv is one of our first priorities (which I will be doing over the coming weeks). But we also shared our ideas of how the student listserv and student membership could function as a resource for us all. Our hope is that through our listserv, feminist counseling psychology students will be able to communicate with each other, get support, exchange information, share resources, and stay aware of what is current in the field of feminist counseling psychology.

It is important that students be proactive in our own development. Ideally, our SAW students' listserv could function as a place where we could not only contribute to the Section, but also, connect and network amongst ourselves. In one of the Section meetings at APA, someone stated, "students are hungry." Yes, we are! Many feminist students have little or no

access to feminist academic mentors; many students feel very isolated, and have no idea of the options or resources that could be available to them. At the same time, we hesitate to burden those feminist academics who would seem logical mentors and supports for us, as we know that often, they are already overwhelmed with institutional demands. Realistically, we as students need to start thinking of what we can do for each other. With this in mind, we discussed the viability of student task forces to examine specific issues that concern us. Some of the topics we discussed include: peer mentoring and peer support, career development, and the internship process.

"Realistically, we as students need to start thinking of what we can do for each other."

I urge you to keep your membership up to date. After all, at \$5, it's a steal. Also, please encourage fellow students to join. As our numbers increase, our resources will grow--and our opportunities to mutually facilitate and assist each other will grow as well.

One of our defined missions for the coming year is outreach: so if you are aware of students who you think could benefit from joining the Section, please encourage them to do so!

As you can see, there is also a new student's column in the Section's newsletter. If you have a topic you'd like to write about that would benefit the student membership, we welcome your submissions. I invite you to write and make your voice heard on issues concerning us all. Along with encouraging student submissions for this column, we are in the process of establishing a committee of peer student reviewers for these submissions.

And please---if you have any questions about the Section, ideas you'd like to share, or you'd just like to be in touch, here's my e-mail: pat.healy@sympati-co.ca

I look forward to hearing from you!

Pat Healy

Advancing Together Post-Conference Update

Believe it or not, we are still moving along! It was wonderful at the APA convention to hear people in Division 17 (and other divisions) STILL talking about our Michigan conference -- and in VERY positive ways that make clear our section continues to lead the way on some of the most important issues facing counseling psychologists. In addition, Helen Farmer's Women of the Year address was SO inspiring in terms of highlighting important accomplishments of our group during the last 15 years and presenting an exciting and challenging agenda for the future. Be sure to write to Helen and ask her for a copy of her address if you missed this wonderful event!

Most of the work groups have been presenting and publishing their work in various places, and you've received those updates in this newsletter. We've had APA and AWP presentations, special issues of journals, and other outlets. It is truly exciting to see our ideas being articulated and shared in a variety of contexts, both within and beyond Division 17.

In terms of the casebook series, it was great meeting with various group coordinators at APA because I FINALLY got unstuck on our casebook proposal. The dilemma was that SAGE wanted more output from us to consider, and several of the groups that SAGE was most interested in simply weren't prepared to provide much completed work for review. However, with the help of the Counseling/Therapy work group, I have figured out a way to present our work with as much fragmented work from each group as I can get. So I am ready to move forward with this by mid-September. I have asked each team of coordinators to provide me with ANY WRITTEN information they have from their group; if you are a member of a work group and you have something completed to share with your coordinators, please contact them immediately. I will keep you posted on the status of the casebook series negotiations.

The other big thrust right now is to get articles submitted from each work group for a special issue (or

perhaps two) of the Journal of Multicultural Counseling and Development. I will be guest-editing the issue(s), and this is a wonderful, guaranteed outlet for a lot of the work that groups have completed up to this point. Some groups want to submit two articles in a part 1-part 2 arrangement, and some groups are planning one overall article. I have asked group coordinators to let me know what their group would like to submit so that I can request a second special issue if we need it. Don Pope-Davis, the editor of JMCD, is very excited about the work we are doing and very much wants to see it in that journal, so we have a great deal of support that is rarely seen in professional life! The deadline for the special issue is November 1, so that is just over two months to prepare an article (or two).

Again, if you are a member of a work group and you haven't yet heard from your coordinators about this opportunity for publication, please contact them immediately to let them know you are still on board. And make sure they have your updated e-mail and snail mail addresses and phone numbers -- several coordinators have told me that they are unable to locate some members of their groups, so you may be getting left out of the loop if your coordinators don't know where you are!

Finally, if anyone out there reading this newsletter could not attend the SAW conference but would like to be involved in a work group and the casebook series, please contact me and I will TRY to get you connected with a group that could use more writers. I believe very strongly that this post-conference work we are continuing to do on the integration of feminism and multiculturalism in counseling psychology is some of the most vital and challenging work being done in our field today. Kudos to all of you who are making it happen!

Ruth Fassinger

APA Division 17 - The Section for the Advancement of Women Proposed Values Statements Working Draft-July 31, 2000

The following proposed values statements were developed by the SAW Governing Board in July 2000. They reflect the current dialogue on multiculturalism and feminism in the Section. They are presented to the SAW membership for the purpose of eliciting dialogue and establishing a living document that will reflect the values on which the Section is grounded. Please read them and give us your feedback. You may wish to share your opinions and suggestions on line (17women@gse.utah.edu) or respond privately to SAW chair Sue Morrow (morrow@gse.utah.edu) or another governing board member. Your feedback is essential to insure that our final document reflects the current membership!

1. Addressing the issues pertinent to women must necessarily mean addressing the issues relevant to multiple forms of power, privilege, and oppression.
2. There are multiple ways of understanding oppression, power, and privilege (e.g., feminism, multiculturalism, liberation psychology, queer theory, and other sociopolitical theories). These diverse constructions of identification and self-labeling need to be acknowledged and respected.
3. Multiple perspectives inform the ways in which we view the world and interact with each other. People are multifaceted and complex, expressing themselves in the world based on the multiple contexts within which they find themselves. These multiple aspects of self interact with contexts in which different forms of oppression, power, and privilege are experienced and enacted.
4. Self-examination regarding our own individual experiences of privilege and power is an essential part of the process of creating change for women. This reflexivity can occur in many ways, both individual and collective, private and public.
5. The components of feminist process that guide our work include: a collectivist approach; empowerment of all members; and a critical analysis of power, oppression, and privilege. Alternative perspectives, disagreement, risk-taking, and difficult dialogues are inevitable albeit beneficial components of feminist process.
6. Social action is vital to the work of the section.
7. The Section is embedded in the history and culture of the U.S. (including the feminist movement), the field of psychology, and APA's Division 17. We honor the struggles and contributions of those who built the section, even as we recognize that cultural and historical change requires responsiveness to new challenges.

Multicultural Forum

The Invisibility of Women of Color in Women of Color Spaces **by Melba Vasquez, Ph.D.**

[Editor's note: This is the second and final excerpt from Melba Vasquez's keynote address at the March 2000 AWP Women of Color Institute.]

The dangers of talking about [invisibility of women of color] include stereotyping and blaming the victim. I'm going to try hard to do neither. Rather, I want to talk about influences--both positive and negative--as tentatively as possible. It is up to you to determine if these fit in your experience.

Each of us is unique. Each one of us is deeply affected by our collective cultural experiences, immigration generation, the languages many of us speak, and the complexity of relationships within and without our families. We have varying experiences of the strengths and affirmations that we receive in the context of families and communities. Each of us is also unique by the experiences of oppression, discrimination, and the coping mechanisms that we have developed, and (in my opinion), are constantly in the process of developing. We each experience and utilize a fluidity of our identities.

One of our tasks is to understand the messages and axioms that are transmitted through our histories, and our cultural and familial expectations, and determine which and when to accept those because they are positive and constructive messages in our lives, and when to transform them, because living by those can be destructive at times. We have the power and strengths to build lives in our communities and professions so that we are powerful through visibility and connection.

Phoebe Eng (1999) described how she integrated the cultural expectations of "honor, respect, and reverence," with her acculturated values of "freedom, choice, and movement." She found that it wasn't necessary to choose between them; living a meaningful life is not about either/or choices, but about balance.

Oppressive Experiences

I would like to talk about oppression and the insidious almost daily experiences we each suffer as a result of sexism, racism, classism, heterosexism, and homophobia. I weep with my clients sometimes when it is so obvious that the pain they experience in the workplace and in other settings is so clearly the result of their status as women, their ethnicity, their poverty, or their sexual orientation. These experiences can be very demoralizing, rejecting, painful, and lead to silencing of ourselves, and questioning of our voices. Of course, we can't stay in our sadness; we have to then allow our anger and rage to be experienced so that it can help transform our behaviors into constructive action.

One of the myths is that status, credentials and salaries will pave the way to a life free of problems. Although these are indeed forms of power and make us more visible, the glass ceiling is alive and especially working for most of us. We are each reminded on a regular basis that those credentials and status don't protect us from hurts and offenses.

One of the additional burdens of successes is that many of us carry the burden of success not only for ourselves, but our families and communities. So when we experience the pain of failure and oppression, it is often shameful--we can erroneously feel that we have erred in ways that extend and affect our families and communities, which is an incredible burden.

We learn early that although we may develop skills of flexibility and adaptability in our capacity to move in various groups, we don't ever truly "fit in" or "pass." We learn early in our token roles that we can sit at the intersection of many worlds, and because there are few of us, we aren't that threatening. We can have access and conditional acceptance as long as we dress the part, speak with the proper intonation, and take on the attitudes of our environment. The latter is the most repugnant to me. I often dress the part, and try to speak in ways that others can hear and understand, but I have to hold onto my message.

One of the challenges of being neither black nor white is that we Asian American, Latina, and Native American women exist in limbo, and don't often know or aren't prepared as to how to add new meaning to important race discussions. As we become more present and visible, we may also become more threatening, and a backlash will occur.

We can also experience oppression by the choices we make in our partners. If we choose interracial relationships, or partners who are the same sex, we risk reaction from families, community, and society at large.

Despite the fact that we have made progress--our presence here today is evidence of that--oppression continues in very pervasive ways.

Strategies for Empowerment and Visibility

It is up to us as individuals, as groups, and in our organizations to take steps to become more empowered and visible. Let me share some strategies.

1. Use your rage to empower your lives. Anger is a healthy signal that tells us and those around us where our boundaries are, what we instinctively feel is tolerable or intolerable, and can signal when those limits have been trespassed. Conflict is necessary because difference is inherent in every endeavor.

2. Understand why you have chosen to rein yourself in. Often we experience many of what Carissa Pinkota-Estes of Women Who Run With the Wolves identified as "small deaths" and "big deaths" which include experiences of loss--all the times when roads were not taken or paths were cut off. The "little deaths" can be subtle, wounding slights, belittling comments, painful rejections. Years of those can take a toll. "Big deaths" include more major betrayals, harassment, sexual assaults, etc. Pinkota-Estes suggests a ritual "descansos" where you draw a lifeline, identify those "deaths," allow yourself to acknowledge the pain, anger, forgiveness, and then move on.

3. Identify to what extent the values of modesty, reserve, and humility serve as barriers for you.

4. Take risks. Eng, in her book *Warrior Lessons*, states that ". . .sometimes we've got to force ourselves into battle--for beliefs, for our boundaries, and to defend big pictures. Becoming a wise fighter, after all is less about shouting and more about strategy" (p. 197). She also suggests that learning to fight the good fight means understanding that our successes do not imply the failure of others.

5. Allow for imperfections and mistakes. Mistakes are part of life. Acknowledge them to yourself (to others, if necessary), learn from them, fix them as much as possible, move on. Do not let them define you. We must transcend the fear of failure, cast it aside, and listen to our kinder selves.

6. Engage in self-care. We have to be able to treat ourselves as precious as we do anyone else.

7. We must constantly practice how to hold ourselves out with confidence, how to articulate our ideas, how to face creative conflict in order to reach resolutions. Our lives begin to end the day we are silent about things that matter. (Martin Luther King)

8. Observe role models and mentors.

9. Engage in activism.

10. Support each other and connect with each other as sisters. The precious and powerful standing up for each other is one of the most exquisite gifts to give and receive. The hurt, pain and betrayal from the words of an enemy are nothing compared to the silence of a friend (rephrased, Martin Luther King).

Melba J.T. Vasquez is the President-Elect of Division 17, and a Past President of Division 35. She may be reached at MelVasquez@aol.com.

"... even with the women's movement, that is striving to be inclusive, women of color are often an afterthought, an embellishment, if we exist at all."

Counseling Women 1970-2030: Achievements and Challenges

Helen Farmer's gave her Woman of the Year Presentation on August 7, 2000 at the APA Annual Conference in Washington, D.C. She reviewed the history of our organization, starting with the formation of the Ad Hoc Committee on Women in 1970. She identified a number of structural transitions, including the change to a Standing Committee in 1982, the approval of the Section on Women in 1996, and the 1998 change in name to its current title, the Section for the Advancement of Women.

The presentation highlighted publications and projects initiated by the Committee (and later, the Section) including the development of the Principles Concerning the Counseling and Therapy of Women, a survey of graduate training related to gender issues, and the Advancing Together Conference. Farmer situated the progression of the field within a historical context, and she acknowledged the advances in women's professional standing within the Division and APA.

Farmer celebrated the accomplishments of the SAW and its precursors, noted the challenges and conflicts, and articulated some promising directions for the future. She closed her presentation with the following remarks:

"So I want to urge SAW members to look beyond the obvious to needs that are very real for women but have not yet surfaced. The challenge for SAW is to keep in touch with emerging concerns of women in the 21st century and to continue to address these in research, graduate training and professional practice. The January 2000, issue of *The Counseling Psychologist* was devoted to the Globalization of Counseling Psychology. The authors in this issue were looking beyond our shores to gain perspective on our mission and purpose. So can we. In the past thirty years the Ad Hoc Committee, the Committee and SAW have made important differences for women in our society. Examples are the development of the Principles in the 1970's, the collaborative development of Guidelines for the Accreditation of Graduate Training Programs in Psychology in the 1990's and the SAW Advancing Together Conference challenging SAW to integrate Multiculturalism and Feminism. This is SAW's legacy and its responsibility is to continue to make significant differences for women in the 21st century."

Helen S. Farmer is Professor Emeritus in Educational Psychology at the University of Illinois at Urbana-Champaign. She was the recipient of the 1999 SAW Woman of the Year Award.

SAW's Year 2000 Award Winners

Congratulations to our students, woman, and foremother of the year! The text of their award certificates is duplicated below. It's not too soon to be thinking about our year 2001 awardees. Please contact Lauren at lweitzman@saff.utah.edu if you have a nomination.

ELLEN BETZ: HONORED SAW FOREMOTHER

Ellen served as chair of the committee on women from 1975-1977. Her leadership during this critical period in our herstory legitimized the committee and its work in examining issues related to women in counseling psychology. As a result of her collaborative efforts, the principles for the counseling and therapy of women project was launched. These principles had a major impact on the field of counseling women and increased the visibility of Division 17 within APA. Ellen's scholarship and research has been foundational in the field of the career development of women. The Section for the Advancement of Women has greatly benefited from Ellen's vision, organizational ability, and communication savvy. We are extremely proud to honor her as our foremother.

SANDY SHULLMAN: WOMAN OF THE YEAR

This award is given in recognition of Sandy's longstanding service to the Section for the Advancement of Women and her many contributions to issues relevant to women in counseling psychology. Sandy was Chair of the Committee on Women from 1990-1991 and served several years as a member. She has made major contributions to the development of the principles concerning the counseling and therapy of women and was instrumental in creating accreditation guidelines for addressing sexual harassment during APA site visits.

Sandy served as a consultant to the Section for the Advancement of Women during our transition to section status and continues to share her organizational expertise with us. Sandy's research and organizational consultation demonstrates a strong commitment to activism on behalf of women, especially in her work in the area of sexual harassment. With her voice of calm reason and seemingly endless energy, Sandy is an outstanding role model and leader for students and professionals in counseling psychology and in the Section for the Advancement of Women. We are extremely pleased to honor her as the year 2000 Woman of the Year.

LETICIA ARELLANO: STUDENT OF THE YEAR

This award is given in recognition of Leticia's service to the Section for the Advancement of Women, her dedication to issues related to women in diverse communities, and her commitment to activism on behalf of women. Leticia played an active role in the planning for the 1998 Advancing Together conference and provided a gently challenging voice and important



(above) Sandy Shulman receives the Woman of the Year Award from Lauren Weitzman at APA 2000

perspective in the SAW's emerging dialogue between women of color and white women. Leticia serves as a valuable role model and leader to her sister students in counseling psychology and in the section. We are extremely pleased to honor her as the year 2000 Student of the Year.

SABA RASHEED: STUDENT OF THE YEAR

This award is given in recognition of Saba's dedication to issues central to the goals of the Section for the Advancement of Women, her work on behalf of diverse communities, and her commitment to personal and professional activism. Saba's courage and insight are apparent in her participation in the 1998 Advancing Together conference and in the subsequent symposium on "The Interface Between Feminism and Multiculturalism." Saba serves as a valuable role model and leader to her sister students in counseling psychology and in the Section for the Advancement of Women. We are extremely pleased to honor her as the year 2000 Student of the Year.



(on left) Lauren Weitzman presents Saba Rasheed with the Student of the Year Award at APA 2000

Award Winners

The goal of this book review column is to provide timely critiques of books of meaning and significance to women, particularly as we engage in theory and practice in counseling psychology. While scholarly work is the focus, other writing that informs issues of feminism and gender in psychology is also of interest. If you are interested in writing a review and/or have a suggestion for books to be reviewed that would be helpful to our readers, please get in touch with me at 412-648-7093, e-mail: elman+@pitt.edu, or mail brief reviews to: Nancy S. Elman, Ph.D., Program in Counseling Psychology, 5F28 Posvar Hall, University of Pittsburgh, Pittsburgh, PA 15260.

Review

Courtois, C. A. (1999). *Recollections of sexual abuse: Treatment principles and guidelines*. New York: Norton. (436 pp.) \$45.00

I remember being spellbound as I listened to Christine Courtois talk about the emerging "false memory" debate, the origins of the False Memory Syndrome Foundation, and the growing influence of "false memory" advocates on media coverage related to child sexual abuse. It was the summer of 1993 when I first heard Chris talk about memories of abuse, and

I was attending a Committee of Women (now the Section) meeting at APA. I was shocked, depressed, angry, challenged, and energized by Christine's talk. At the conclusion of that Sunday morning session, Linda Forrest directed our energies toward brainstorming about how we might respond to the debate. Thus, began the work of the Committee on Women Task Force on Memories of Child Sexual Abuse. This group worked throughout the mid-1990s on a variety of important projects.

Chris Courtois offered invaluable assistance to our Task Force's efforts. She received the Committee on Women's 1994 Woman of the Year award. In the mid-

1990s, Chris served as one of six members of the major APA Working Group on the Investigation of Memories of Childhood Abuse, contributed to the APA Task Force on Family Violence, and played a major role in the Division 17 Task Force. She presented numerous workshops on memories of trauma, received a major APA award (1997) for distinguished professional contributions, and acquired a well-deserved reputation for seeking a rational middle ground on the recovered-false memory debate. We now have the opportunity to see the culmination of Christine's thinking in her 1999 book: *Recollections of Sexual Abuse: Treatment Principles and Guidelines*.

Early in this comprehensive volume, Chris introduces the sociohistorical context in which the debate about memories has occurred, summarizes the different positions that psychologists have adopted in response to the memory controversy, and discusses research on the impact of traumatic events on memory. The book

then moves to a discussion of treatment standards and guidelines for assessment, diagnosis, risk management, general clinical practice, and other issues that clinicians have expressed confusion and apprehension about during the 1990s. The book also summarizes emerging consensus positions regarding treatment, and in doing so, integrates the findings of 14

professional groups that have proposed recommendations for working with memory issues.

The authority of this volume is enhanced by Christine's frequent reference to and explanation of the works of others who have also contributed to knowledge about memory and abuse. A clear theme throughout the section on treatment is that the primary goal of therapy should be to help clients gain mastery and authority over their own lives, not merely access to memories.

Balance is a major perspective throughout the book. For example, one of the headings reads: "The thera-

WomanView Books

"the primary goal of therapy should be to help clients gain mastery and authority over their own lives, not merely access to memories"

pist walks a fine line between an overly endorsing stance and an overly defensive stance." *Recollections of Sexual Abuse* recommends that clinicians adopt a fairly conservative approach to treatment and use techniques that are accepted by mainstream psychology and are associated with lower amounts of risk to clients. However, Chris also adopts a flexible, non-dogmatic attitude about techniques that have sometimes been categorically dismissed as suggestive. For example, although recommending that therapists should not use hypnosis or related techniques for the specific purpose of accessing memory, she describes occasions when hypnosis can be useful, noting the possibility that an overly restrictive position about its use might prompt therapists to "throw out the baby with the bath water."

The book contains practical suggestions for implementing a phase-oriented approach to treatment, as well as managing boundaries effectively, engaging in self-care, assessing and attending to potential countertransference issues, providing specialized informed consent to clients, keeping records, and completing regular reviews of progress and treatment plans. Chris also discusses potential red flags in treatment, and recommendations for responding in difficult situations, such as occasions when clients seek validation of the historical accuracy of their memories of abuse.

One of the most valuable features of this book is its articulation and discussion of 10 common clinical scenarios associated with various levels of memory for abuse (e.g., continuous recall, recall but nondisclosure at entry into therapy, new memories triggered outside the therapeutic context, new memories acquired during therapy). For each scenario, Chris provides a brief case example and then describes assessment issues, strategies for treatment, and potential countertransference issues. This section illustrates the complexity of memory issues and provides invaluable insights for clinicians, who may have personally encountered no more than 1 or 2 of the 10

scenarios.

During the last several years, media reports on "false memories" appear to have decreased substantially. I was beginning to assume that the most intense aspects of the delayed memory debate had been resolved and that therapists would begin feeling less confusion, fear, and caution about working with abuse issues. However a recent New York Times article titled "Memories of Things That Never Were" (April 25, 2000) articulated a one-sided position that resembled a press release for the False Memory Syndrome Foundation. This article repeated the now-hackneyed claim that therapists plant memories of abuse through suggestion, and replayed old arguments that were offered during the early 1990s when the phrase "false memory" was first coined. The rich scientific literature that has emerged throughout the 1990s received no mention. Christine's book will be an especially

important tool for therapists who are practicing in a cultural environment that often remains inhospitable to the work of therapists who deal with abuse issues.

Recollections of Sexual Abuse encourages therapists to bring an unbiased curiosity to their work with clients. It seeks to decrease the stridency of recent memory controversies by proposing common ground that can be endorsed

by psychologists with diverse theoretical and philosophical positions. Its balanced, flexible tone and its explanation of explorative and empowering strategies for working with clients are refreshing and necessary given the intense debates of the past decade.

Carolyn Zerbe Enns

Carolyn Zerbe Enns is Associate Professor of Psychology at Cornell College, Mt. Vernon, Iowa. Carolyn has been active in the Section on Women, has chaired the Division 17 Task Force on Memories of Child Sexual Abuse, and received the Section's 1998 Woman of the Year Award.

"an especially important tool for therapists who are practicing in a cultural environment that often remains inhospitable"

Announcements

Call for Nominations

The Section for the Advancement of Women is seeking nominations for the position of Newsletter Editor. This elected officer will serve on the SAW Governing Board for two years beginning APA 2001. The Newsletter Editor holds the responsibility for the creation and distribution of the SAW Newsletter "WomanView," which is published three times yearly (Fall, Winter, Spring). Please forward nominations (including self-nominations) to Lauren Weitzman, SAW Past-Chair, lweitzman@saff.utah.edu by JANUARY 1, 2001.

Newsletter News

The newsletter should be available online soon at <http://www.education.ucsb.edu/~tisrael/WomanView.html>.

Continued thanks to Dawn Szymanski for copy-editing the newsletter.

WomanView is published 3 times annually. Deadlines for submission are January 15, May 15, and September 15. Please send your submissions to Tania Israel via e-mail (tisrael@education.ucsb.edu) or snail mail (Department of Education, University of California, Santa Barbara, CA 93106-9490).

17women

E-mail Distribution List

We are currently updating our SAW membership files and email distribution list, "17women." A test message will be sent out prior to your receipt of this newsletter. If you did not receive the test message on 17women, please contact Sue Morrow (morrow@gse.utah.edu), as you may have been deleted from the list if your email address bounced. Also contact Sue if your email address changes or if you have trouble writing to the list. It is often difficult to follow up if you move and do not contact us, thus your email address will be deleted without notice if it bounces. Also, if you are leaving for an extended period of time and setting your email to an automatic response mode, please e-mail Sue (morrow@gse.utah.edu) to set your address to "no mail" to avoid looping that results in list members receiving hundreds of copies of your automatic response.

Corrections

for the Summer 2000 edition of WomanView

The "Visions Update" was incorrectly labelled "Voices Update." In addition, this article should have been credited to Ada Sincore.

Several announcements were inadvertently omitted from the newsletter.

My apologies for the errors.

Tania Israel

SAW Governing Board

Elected Officers

Chair:

Sue Morrow
University of Utah-Ed Psych
1705 E Campus Center Dr Rm 327
Salt Lake City UT 84112-8255
801-581-3400
morrow@gse.utah.edu

Past Chair:

Lauren Weitzman
University of Utah
Counseling Center
201 South 1460 East Rm 426
Salt Lake City UT 84112-9061
801-581-6826
lweitzman@saff.utah.edu

(from left to right)

Sue Morrow, Lauren Weitzman,
Ada Sincore, Freda Ginsberg,
Mimi Ormerod, and Tania Israel
at APA 2000.

Chair Elect:

Ada Sincore
3700 McTavish
Faculty of Education
McGill University
Montreal PQ H34 IY2
514-844-0695
sinacore@education.mcgill.ca

Treasurer:

Cassandra Nichols
Counseling & Testing Services

Washington State University
PO Box 641065
Pullman WA 99164
509-335-4511
nicholsc@mail.wsu.edu

Newsletter Editor:

Tania Israel
Department of Education
University of California
Santa Barbara CA 93106
805-893-5008
tisrael@education.ucsb.edu



Ex-officio Officers

Membership:

Kristin Perrone
Dept of Counseling Psychology
Ball State University
Teachers College 6th Floor
Muncie IN 47306
765-285-8045
kperrone@gw.bsue.edu

E-journal

Associate Editor:
Kathleen J. Bieshke
309 CEDAR Building
University Park PA 16801
814-863-7536
kxb11@psu.edu

Awards & Appointments:

Lauren Weitzman
University of Utah Counseling Center
201 South 1460 East Rm 426
Salt Lake City UT 84112-9061
801-581-6826

Student Network:

Pat Healy
4488 St Catherine W #804
Westmount Quebec
Canada H3Z 1R7
514-938-9305
blackdog514@hotmail.com

Technology:

Sue Morrow
(contact info above)

Multicultural Voices:

Kathy Gainor
Montclair State University
CHDEL Department
1 Normal Ave
Upper Montclair NJ 07043
973-655-7186
gainork@mail.montclair.edu

Sharon Gizara

625 W 27th Place
Eugene OR 97405
541-341-1647
sgizara@cyber-dyne.com

Visions and Strategic Planning:

Ada Sincore
(contact info above)

Inside

News from the Chair.....	1
Student Column.....	3
Advancing Together Update.....	4
Proposed Values Statement.....	5
Multicultural Forum.....	6
1999 Woman of the Year Address.....	8
Year 2000 Award Winners.....	8
WomanView Books.....	10
Announcements.....	12
Governing Board Contact Info.....	13

*Kristin Marie Perrone, Ph.D.
Counseling Psychology
Teachers College, 6th Floor
Ball State University
Muncie, IN 47306*